



Truck Drivers –  
**You Hold the Key**  
to Lower Costs & Cleaner Air!  
Reduce Engine Idling

**Save Money – Don't Idle Your Profits Away!**

- **Idling wastes fuel and money** – A typical truck burns approximately one gallon of diesel fuel for each hour it idles.
- **Idling causes excessive engine wear** – Running an engine at low speed (idling) causes twice the wear on internal parts compared to driving at regular speeds.
  - Idling one hour a day results in engine wear equivalent to driving 64,000 miles per year.
  - Engine wear can increase maintenance costs by almost \$2,000 per year.
  - Engine wear shortens the life of the engine.

**Protect Your Health - Be a Good Neighbor!**

- **Idling poses health risks to drivers and other people close by** – While sitting in the cab, drivers are exposed to the truck's pollution more so than when the truck is moving. Harmful diesel exhaust also impacts surrounding neighborhoods.
- **Diesel exhaust can be unhealthy to breathe** – Diesel exhaust contains poisonous carbon monoxide and small particles of smoke, which are toxic and can cause lung damage, respiratory problems, premature death, and lung cancer.

**Protect the Environment**

- **Idling causes air pollution** – Idling trucks release significant amounts of smog forming chemicals, sulfur dioxide, air toxics, carbon monoxide, and carbon dioxide.
- **Air pollution affects the environment** – Air emissions from idling contribute to smog, airborne particulates, regional haze, acid rain, and global climate change.

**Do Your Share for Clean Air**  
**Turn Off Your Engine!**



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## Reduce Engine Idling Time It's the Law

New Hampshire State Regulations Limit Idling Time (NH RSA 125-C; Env-A 1100)	
Outside Temperature	Maximum Idling Time*
Above 32°F	5 minutes
-10° to 32°F	15 minutes
Below -10°F	No limit
<i>*certain exemptions do apply</i>	

**Please** follow these guidelines:

- **Turn off** your engine when your truck is not in motion.
- **Do not exceed** manufacturer's suggested warm-up or cool-down times.
- **Set** automatic shut-off devices on new engines to 5 minutes.
- **Install** an auxiliary power unit for use when the vehicle is not in motion.



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